

30 Nov 15



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**Albany Composite Squadron (GA-002)**  
**Ground Team**  
**Packing List**



**1. 24 HOUR PACK. On your person on a web belt, tactical vest and/or day pack:**

- Complete BDU uniform with BDU cap
- Appropriate black combat/hiking boots (consider waterproof/insulated ones if winter ops)
- Coat for appropriate climate, if necessary (in pack if not wearing it). Regulation camouflage "Gore-Tex" all-weather parka w/jacket liner/fleece. If wearing old style field jacket, ensure you have a poncho as well
- Black watchcap/pullover hood
- Notepad and pencil or pen
- CAP Identification, including:
  - CAP ID Card
  - CAPF-101 card
  - Completed CAPF 161, EMERGENCY NOTIFICATION DATA form (in duplicate)
  - CAPF-75 CAP Driver License or noted on your CAPF-101 card
- Watch
- Handkerchief or Tissues
- Safety vest, reflective (yellow green)
- Pocket sized Ground Team Member's Handbook – Required for GTL & AGTL, optional for others
- Garbage bag for trash & garbage bag for waterproofing
- Utility-type knife, multipurpose with can opener. Leatherman/Gerber Tools are recommended.
- First Aid Kit, stored in zip-lock bag or other waterproof container:
  - 2 Antiseptic cleansing pads
  - Antiseptic ointment
  - 6 Band-Aids, various sizes
  - Moleskin, 2" X 4"
  - Roller bandage
  - 2 Safety pins, large
  - 4 gauze pads
  - 1 Triangular Bandage
  - Tape, first aid
  - Any personal medication (your GTL should know what you have and where you carry it)
  - Latex or neoprene surgical gloves (2 pair)
- Survival Kit, stored in zip-lock bag or other waterproofed as appropriate:
  - Electrical tape, 5-10 feet (does not need to be a whole roll)
  - Signal Mirror
  - Whistle

- 12 wooden, waterproofed matches in match waterproof container with striking surface
- 1 Chem Light Stick, Green
- 20' of nylon line (paracord or similar line)
- SAR Equipment stored in zip-lock bags, consisting of:
  - Change of **WOOL** boot socks
  - Flagging Tape, orange, 1 roll
  - Flashlight (with red or blue lens), with 1 set spare batteries
  - Spare flashlight (penlight or headlamp will do)
- Insect repellent, lip balm & sunscreen lotion
- Toilet Paper
- Work Gloves, leather & pair of cold-weather liners or separate black or gray cold-weather gloves
- 8+ Moist Towelettes, clean, in wrapper/sealed ziplock bag
- Mobile phone to call mission base (in double waterproof protection) w/charger (AC & DC)
- Trail food equivalent to two meals (2,000+ calories)
- Shelter Material, military poncho or survival blanket
- Canteen(s) to carry 2 quarts of water (at least one 1-qt canteen on a belt and other in day pack)
- Compass and case, lensatic or orienteering. Compass should have a "glow in the dark" dial
- GPS – Required for GTL and AGTL, optional for others

## **2. EXTENDED DURATION “72-HOUR” PACK: A backpack (preferably with frame) containing:**

- Tent (optional, if you are sharing a tent with someone else who is carrying it)
- 4 meals (in the event we get re-tasked for a real world mission)
- 2 Leaf Bags, large
- Zip-lock waterproof bags containing:
  - Spare uniform
  - Underwear and WOOL socks, 3 changes [for winter ops, suggest long-johns for wear under your BDUs]
- Sleeping pad, foam or inflatable
- Kit, sewing, with spare BDU buttons
- Toilet Kit, that should contain:
  - Toothbrush and paste
  - Shaving Kit (if you shave)
  - Deodorant (roll on – no sprays)
  - Washcloth and soap (or towelettes)
  - Hand towel
- Sleeping Bag or Bedroll appropriate to climate (need rating of <10 degrees for winter ops)

## **3. OPTIONAL ITEMS**

- Full rainwear, durable
- Webbing, nylon, 1" wide, or nylon rope for swiss seat - 12' long
- Carabineer
- Water Purification Tablets
- Sunglasses
- Hiking stick
- Bible & other small book for reading

- Other personal items (reminder that firearms are not authorized)

#### **4. TEAM KIT/GEAR:**

- CAP Van with extra key (for AGTL)
- 20' Tow strap (1 per GT vehicle)
- Equip rack (attaches to bumper) – if needed
- Vehicle GPS w/charging plug (1 per GT vehicle)
- Red aircraft panel (1 per GT vehicle)
- Logbook (1 per GT vehicle)
- DC-AC power inverter
  
- Medical rucksack – Medics are responsible for keeping contents stocked (1 per GT)
- Medical litter (1 per GT)
  
- WMIRS clearance by IC or CAPF 109s
- ICS 211(s) & ICS 218
- 1 large Ground and Urban DF Task Guide – for training
- Maps (GA highway, GA Atlas & topo) & Sqn Laptop w/charger (if needed)
- GTL kit (ICS & CAP forms)
  
- ELPER (w/spare batteries) – 1 per GT
- Practice ELT (if needed for training or check of ELPER) with fresh batteries (check beforehand)
- Handheld VHF w/1 spare battery per radio – HH, & charger – charged – 1 per GT
- Personal VHF radios (if avail)
- Handheld ISRs – 3 per GT (w/extra 2 batteries/per radio)
- 1 ea vehicle VHF radio (w/speaker, antenna & power plug) – GA CAP 808
- 1 ea vehicle VHF radio – per POV – (w/handset/speaker, antenna & power plug)
  
- 1 or 2 large CP tents w/lynch pins, poles & light bars
- 2-3 man tents
- Generator w/topped off fuel tank and 5 gal fuel can, w/2 ea extension cords and 1 ea power strip
- 6 ea military cots per CP tent
- 8 ea folding/camp chairs
- 2 ea folding tables
  
- Latrine supplies Entrenching tool, large tarps (2 ea) and line, and 2 rolls of toilet paper
  
- 2-4 ea large tarps (w/line and stakes)
- 2 ea propane stoves (w/4 ea gas bottles)
- 2 ea camping pots, 1 ea coffee pot, 2 ea metal spoons
- Small soap & rag for cleaning pots & pans
- Paper bowls, paper/foam cups & plastic spoons (2 meals/day)
- Chow for breakfasts & 1 supper (stew/soup, ramen, hot cocoa, drink mix, grits & oatmeal)
- 4 ea large trash bags
- 2-4 ea 5 gal water can (filled) – 1 gal/person